

# #ShePaddles

**Looks like you are paddling with us, here  
is a list of  
What you need to bring;**

Hat

*(preferably broad brimmed)*

Water Bottle

Sunscreen

Sunglasses

*(with a retainer or cord attached)*

Long Sleeve Shirt

Walking Shoes/Reef Shoes/

Sandals that can get wet

Board Shorts/Leggings

Spray Jacket

Jumper

*(for cooler weather)*

Lightweight Long Pants

*(for cooler weather)*

Small Towel

*(to cover your legs from the sun)*

Towel & Change of Clothes

Dry Bag For Valuables

*(a group bag will be provided)*